

BETHELL HOSPICE

Wellness Sampler Series



This five-week wellness sampler gives participants the opportunity to try out some of the different types of support available through the Bethell Hospice Community Program.

Each session features a different approach including Music Therapy, Art Therapy, Distant Therapeutic Touch, Relaxation & Meditation, and finally, HeartMath.

Dates:	April 14 – May 12 (5 sessions)
Time:	Wednesdays 1:00 p.m. – 2:00 p.m.
Location:	Virtual Meetings via Zoom (client remains in their home while the facilitator provides the service from a distance)
Cost:	Thanks to the generosity of our donors, there is no cost to participate, but registration is required
Facilitators:	Carlie Fink, MSW, RSW and Kaylen Leonienco, MSW, RSW

To register or for more information, please contact Carlie Fink at:
cfink@bethellhospice.org



zoom

Group facilitators can assist registrants prior to the start date to set up their free Zoom account.



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Here when you need us