

# BETHELL HOSPICE

## *Adult Bereavement Support Group*



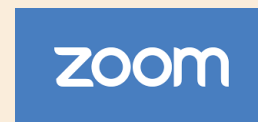
This five-week group is open to adults 19 and over who have experienced the death of a family member or friend, and provides an opportunity to talk about your own grief and learn from the experiences of others. Participants are encouraged to explore the events, thoughts and feelings associated with their grief stories.

### **This group is being held virtually through the online platform Zoom Meetings.**

Internet access and a device with a camera is required to participate. Group facilitators can assist registrants prior to the start date to set up their free Zoom account.

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- Dates:** March 1 – 29, 2022 (5 sessions)
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- Time:** Tuesdays 7:00 p.m. – 8:30 p.m.
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- Location:** Virtual Meetings via Zoom
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- Cost:** Thanks to the generosity of our donors, there is **no cost** to participate, but registration is required
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- Facilitator:** Steven Janzen, MDiv RP  
*Bethell Hospice Psychosocial Spiritual Care Coordinator*
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To register or for more information, please contact Steven Janzen at:  
**905-866-2015** or **[sjanzen@bethellhospice.org](mailto:sjanzen@bethellhospice.org)**



*Here when you need us*