

# BETHELL HOSPICE

## *Living with Advanced Cancer: Helping to Maintain Quality of Life*



**FREE VIRTUAL  
SEMINAR**

**April 6, 2022  
7:00 p.m.**

**Getting a cancer diagnosis can upend your life – impacting you physically, emotionally, mentally, spiritually, financially, and socially. Living well in the face of serious illness means more than attending to your physical health. It means attending to all areas of need.**

**Join an experienced Social Worker for a conversation about practical issues such as financial support options, advance care planning, and accessing additional community supports.**

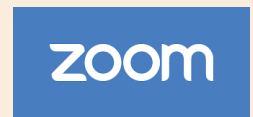
Beyond the practical tasks, participants will also learn helpful strategies for coping with the psychosocial stressors of living with cancer such as managing procedural anxiety, coping with increased dependency, and confronting feelings of loss.

Participants will gain a better sense of control of their experience, and leave with practical strategies for system navigation and healthy coping. The webinar is appropriate for both those living with illness and those who are caring for them. Register now!



**Bethell**Hospice

<b>Date:</b>	Wednesday, April 6, 2022
<b>Time:</b>	7:00 p.m.
<b>Location:</b>	Virtual Seminar via Zoom in partnership with Caledon Public Library
<b>Cost:</b>	<b>No cost</b> to participate, but registration is required
<b>Facilitator:</b>	Natalie Talma, MSW, RSW
<b>Register online:</b>	<a href="https://cpl.social/Bethell">cpl.social/Bethell</a>



For more information, please contact Caledon Public Library at:  
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