BETHELL HOSPICE

Art Therapy



Art therapy provides the opportunity for an individual to explore thoughts and emotions that are difficult to put into words.

By using basic art materials and working with the art therapist, clients may gain further insight, and a depth of understanding of themselves and their lives. Previous art experience is not required and all art materials are provided. Sessions are typically one hour in length.

Dates:	Sessions Available Tuesday to Friday
Time:	Sessions Available 11:00 a.m. – 7:00 p.m.
Location:	Virtual (Zoom/Teams), and select dates/times for in-person at Bethell Hospice (Inglewood or Orangeville).
Cost:	Thanks to the generosity of our donors, there is **no cost** to participate, but registration is required.
Facilitator:	Aldona Morrison, BA, B Ed, DTATI, RP (Qualifying)

zoom

To make an appointment for Art Therapy, please contact Bethell Hospice at:

905-838-3534 ext. 2252 or **communityintake@bethellhospice.org**

BethellHospice

Here when you need us